



MISSION STATEMENT

Physical Therapy Institute of Illinois, Ltd., believes that every person should live life to the fullest in spite of injuries. Therefore, our goal is to return the individual to a full functional life. Our services are custom designed to meet the unique needs of each individual. Our treatment program both empowers and educates the patient with a complete understanding of their injury or illness. Guidelines for self-care and self-help are emphasized during the treatment program. Each individual is instructed on how to prevent recurrences and to maintain full function.

INDIVIDUALIZED TREATMENT

Physical Therapy Institute of Illinois provides:

- * One-on-one care by your physical therapist*
- * Timely new patient visit within 48 hours*
- * Written status report within 48 hours*
- * Convenient appointments - early mornings or evenings are available*



PHYSICAL THERAPY INSTITUTE OF ILLINOIS



PHYSICAL THERAPY INSTITUTE OF ILLINOIS
PARK RIDGE
PHONE 847.298.3079 • FAX 847.298.4019
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PHONE 847.462.8707 • FAX 847.462.9208

PHYSICAL THERAPY INSTITUTE OF ILLINOIS

.....is an orthopaedic and sports rehabilitation center serving the northwest suburbs.

Our therapists have years of experience in treating orthopaedic, sports and work related injuries. Our staff of experienced physical therapists hold additional credentials and certifications such as:

- * diplomaed McKenzie specialist
- * certified manual therapy specialist
- * certified athletic trainers
- * certified lymphedema treatment specialist
- * certified strength/conditioning specialist

We treat a diverse patient population, including but not limited to grade and high school students and athletes, weekend sport enthusiasts, and the geriatric population. Patient education, evaluation and rehabilitation are all customized to the unique needs of the individual with the goal being to maximize functional performance and prevent re-injury.



PHYSICAL THERAPY INSTITUTE OF ILLINOIS

...offers a variety of different rehabilitation programs and treatments.

Some of the programs offered include the following:

- * Physical therapy
- * Work rehabilitation
- * Orthopaedic rehabilitation
- * Post-operative education and rehabilitation
- * Total spine care and management
- * Lymphedema management
- * Sports conditioning and performance programs
- * Golf specific conditioning
- * Headache management
- * Osteoporosis management
- * Orthotics



PHYSICAL THERAPY INSTITUTE OF ILLINOIS

...offers total spine care.

As a foundation for total spine care, we utilize the McKenzie Method (mechanical therapy) of evaluation and treatment in addition to the latest research on movement and postural dysfunction. We treat acute sprains, strains, fractures and dislocations, to chronic cervical and low back conditions including degenerative arthritis, spinal stenosis and postoperative spinal rehabilitation.

80% - 90% of the patients seen in our clinic for spine care need less than seven visits for functional recovery.

