

# CHICAGO NORTH SHORE HEALTHCARE PROFILES

## Pursuing the highest potential

Fellowship-trained expertise, minimally invasive procedures, and personalized consultations with patients combine to promote positive outcomes.

Photography by Lori Sorrells



**Josephine H. Mo, MD**  
Hand/Upper Extremity

**James R. Bresch, MD**  
Sports Medicine  
Arthroscopic Surgery  
Knee Reconstructive Surgery

**Albert E. Knuth, MD**  
Pediatrics  
Fracture Care  
Limb Lengthening

**Arif Ali, MD**  
Sports Medicine  
Arthroscopy  
Joint Replacement  
Trauma

**Todd D. Simmons, MD**  
Pediatrics  
Adult Trauma  
Limb Lengthening

**Jordan L. Goldstein, MD**  
Sports Medicine  
Arthroscopic Surgery

**John H. Lyon, MD**  
Joint Replacement  
Revision Replacement  
Adult Reconstruction

**Ho Min Lim, MD**  
Hand/Upper Extremity  
Arthroscopic Surgery  
Total Joint Replacement



ORTHOPAEDIC SURGERY SPECIALISTS, LTD.

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In Orthopaedic Surgery Specialists she found surgeons who offer expertise, innovative procedures, dedicated follow-through, and something else—their time.

### Thanks from a Patient

And Chris Patterson-Duebner, at 46, got her life back.

"I have nothing but raves for the practice," she says.

Years before, Chris had surgery on her right knee for a torn anterior cruciate ligament. But she says the physician spent little time with her, was condescending, and dismissive.

In contrast, she says, "Dr. Bresch won't let you leave his office unless he is sure you fully comprehend and are comfortable with what he's told you."

Pain in Chris's arthritic knee worsened. Dr. Bresch suggested she and her husband consider an innovative approach for a partial knee replacement. The key word, she says, was "consider." He did not push the procedure.

Today, Chris enthusiastically refers friends and family to the group: "I'm back to working out. I can kneel again when I'm gardening. The surgery gave me my life back."

**Dr. James Bresch with patient Chris Patterson-Duebner**

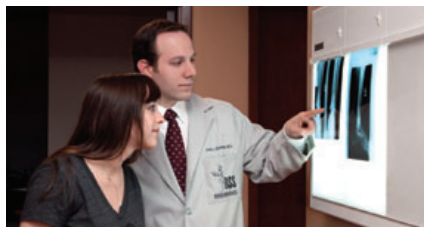


The surgeons of Orthopaedic Surgery Specialists (OSS) hold a fundamental belief that respecting patients and offering meticulously personalized treatment plans contribute to successful outcomes.

"We continuously strive to understand the needs of our patients and address their specific problems," says James Bresch, MD, one of the eight fellowship-trained physicians. "We realize that patients have many choices in their healthcare decision-making, and we want them to be confident choosing us."

OSS provides complete orthopaedic services for all life stages: for professional, scholastic, or weekend-enthusiast athletes; congenital, developmental, or injury-related care of children; daily-living ailments or work-related injuries for adults; and senior care to improve activity level, independence, and quality of life.

The OSS physicians are board certified and exceptionally well trained in the



### "I knew right away this is where I wanted to go for treatment,"

says Equestrian Kristen Behof, 22, who suffered from a hip problem. She and two brothers have been long-time patients at Orthopaedic Surgery Specialists.

finest residency and fellowship programs. Subspecialties include sports medicine, pediatrics, hand and upper extremity, total joint replacement and reconstruction, complex fractures, limb lengthening, and deformity correction.

With the most up-to-date expertise and techniques, the physicians of OSS are leading and teaching colleagues, as well as the doctors of tomorrow. Modern orthopaedic surgeries incorporate sophisticated technology with smaller incisions and muscle-sparing procedures that can dramatically reduce post-surgical pain and promote faster recovery.

Physical Therapy Institute of Illinois (PTII), the practice's physical therapy clinic, provides experienced physical therapists at both office locations to assist in returning patients to their full potential.

